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## Review Paper

# A Review Article on An Ayurvedic Anti-Diabetic Medicines

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## ABSTRACT

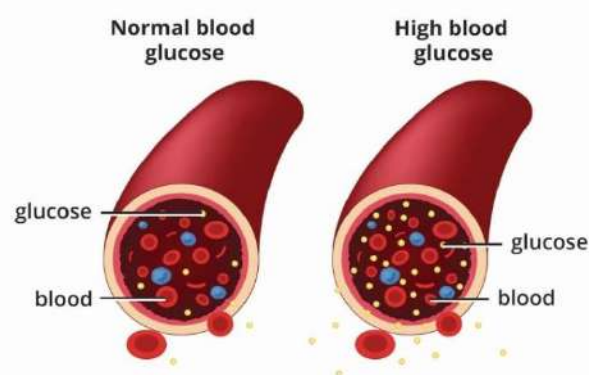
According to Principle of Ayurveda, Diabetes is defined as there is a strong co-relation in the imbalance of three doshas that is Vata, Pitta, Kapha. Imbalance in the Vata can negatively effect on the functioning of pancreas and imbalance in the pitta can lead to issue with metabolism, while there is an imbalance in Kapha can effect on the insulin resistance. To manage the diabetes effectively, firstly it is essential to understand the natures of human's body. In the treatment of diabetes herbs plays an important role. Herbs such as neem, gurmar, turmeric, and cinnamenon. These herbs provides unique properties that aid in stabilizing blood sugar levels and enhancing insulin sensitivity. The Ayurvedic medicines provides natural approach to managing diabetes, focusing of balancing body's energy and improving overall health. These remedies derived from herbs and natural ingredients.

## INTRODUCTION

Diabetes is also known as diabetes mellitus. Diabetes is chronic disorder in which level of glucose increases in the blood. It is caused by the low production of insulin from the beta cell of the pancreas or due to improper functioning of the pancreas. [1]

Glucose is very essential for the body because glucose the body's main source of energy.

There is a hormone which is called as insulin that are secreted or produced from the beta cells of the pancreas that helps in regulating the glucose in your body.



There are two types of diabetes

- Type- 1 ( insulin dependent)
- Type- 2 ( non- insulin dependent)

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Here, we are review the different types of Ayurvedic product which is used in the treatment of diabetes mellitus or maintaining the glucose level in the blood.

Also, we tell about the top ayurvedic medicines for diabetes which is mostly uses in India are as follow:

Sr. No.	Product name	Company's Name
1	Bgr 34 Tablet 100	Aimil Pharmaceutical
2	Himalaya Diabecon Ds Tablet 60	Himalaya Drug Company
3	Amree Plus Tablet 60	Aimil Pharmaceutical
4	Patanjali Divya Madhunashini Vati Extra Power Tablet 120	Patanjali Ayurved Ltd
5	Myupchar Ayurveda Madhurodh Juice 1000ml	Doctorvahini Private Limited
6	Maharishi Ayurveda Glucomap Tablet	Maharishi Ayurveda Products Private Limited
7	Allen A08 Diabetes Drop	Allen Homoeo And Herbal Products Limited
8	Prohance D Diabetes Care Vanilla Flavour Powder	Ranbaxy Laboratories Ltd
9	Ensure Diabetes Care Powder Vanilla Flavour	Abbott Healthcare Pvt. Ltd
10	Celevida Kesar Elaichi Flavour Sugar-Free Powder	Dr. Reddys Laboratories Ltd
11	Horlicks Diabetes Plus Vanilla	Hindustan Unilever Ltd
12	Protinex Diabetes Care Creamy Vanilla Flavour Powder	Nutricia International Pvt Ltd
13	Pentasure DM Diabetes Care Vanilla Flavour Sucrose Free Powder	Hexagon Nutrition Pvt. Ltd

### **BGR 34 Tablet 100**



Bgr-34 tablets are formulated to aid individuals in maintaining optimal blood sugar control. Although it does not provide a cure for diabetes, it acts as a supportive tool to enhance overall health and well-being.

### **How to Use:**

- Take two BGR-34 Tablets twice daily, ideally 30 minutes before meals.

### **Himalaya Diabecon Ds Tablet 60**



Himalaya diabecon ds tablet is formulated to support the maintenance of healthy blood sugar levels. Its distinctive composition provides protection to pancreatic beta cells while promoting overall pancreatic well-being.

#### How to Use:

Take as recommended by your physician or healthcare provider.

#### Amree Plus Tablet 60



#### Patanjali Divya Madhunashini Vati Extra Power Tablet 120

Patanjali divya madhunashini vati extra power tablet aids in regulating blood sugar levels and provides a variety of health advantages. This formulation is created using a combination of powerful natural ingredients, which work together to promote overall well-being through their synergistic medicinal properties.

#### How to Use:

Take 2 tablets twice daily, preferably 30 minutes before meals, or as advised by your healthcare professional.

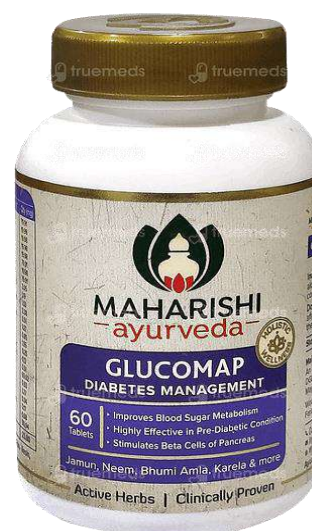
#### Myupchar Ayurveda Madhurodh Juice 1000ml



Myupchar Madhurodh karela jamun juice is known to help maintain stable blood sugar levels and support a healthy digestive system. It is enriched with the natural goodness of bitter gourd, jamun, and other powerful Ayurvedic herbs.

- Mix 30 ml of Madhurodh Karela Jamun Juice with an equal quantity of water.
- Consume twice daily, ideally 30 minutes before meals.
- For optimal results, take it on an empty stomach in the morning and continue the regimen for eight weeks.

#### Maharishi Ayurveda Glucomap Tablet

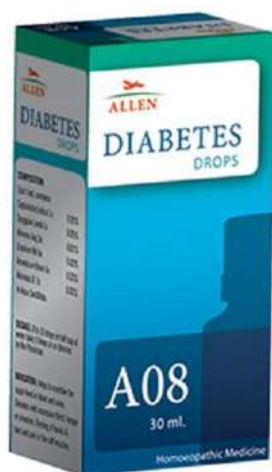


Maharishi Ayurveda Glucomap tablet is a natural Ayurvedic remedy specifically formulated to



assist in the management of blood sugar levels. The mixture comprises potent herbs renowned for their capacity to control insulin release and sustain metabolic equilibrium. By focusing on holistic wellness, it tackles the underlying factors that contribute to blood sugar imbalances. Customers favor this tablet due to its absence of side effects, noticeable boosts in energy levels, and its capacity to improve overall well-being, establishing it as a reliable option in diabetes management.

### **Allen A08 Diabetes Drop 30 ML**



Allen a08 diabetes drop is a carefully formulated homoeopathic remedy specifically designed to aid in the regulation of blood sugar levels. Its distinctive blend of natural components not only aids in stabilizing blood sugar levels but also promotes overall metabolic well-being. This gentle and effective drop is simple to use and does not contain any harsh chemicals. Many customers frequently commend its dependability and consistent outcomes, highlighting the positive impact on blood sugar regulation and increased energy levels.

#### **How to Use:**

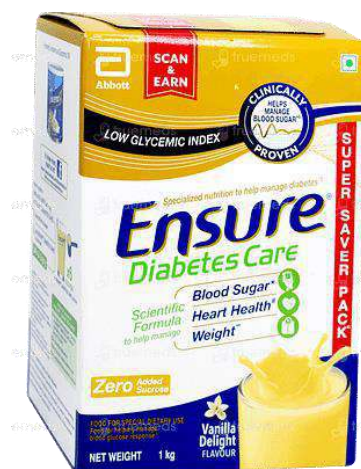
- Take 10-15 drops in a glass of water, 3 times a day, or as advised by a physician.

### **Prohance D Diabetes Care Vanilla Flavour Powder**



### **Prohance D Diabetes Care Vanilla Flavour Powder 400gm**

### **Ensure Diabetes Care Powder Vanilla Flavour**



### **Ensure Diabetes Care Vanilla Flavour Zero Added Sucrose Refill Powder 1kg**

Diabetes care powder is a high-quality nutritional supplement specifically formulated for individuals with diabetes. It has a low glycemic index and a diverse nutritional profile, containing proteins and vital vitamins, to prevent sudden increases in

blood sugar levels while fulfilling daily dietary requirements. Customers have confidence in the ensure brand due to its reputation for delivering high-quality and effective products. They relish the delectable vanilla taste and value how it provides them with sustained energy and a sense of fullness for an extended period.

### **Celevida Kesar Elaichi Flavour Sugar-Free Powder**



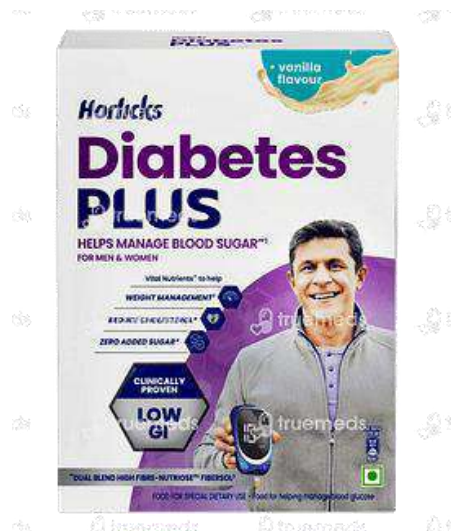
### **Celevida Kesar Elaichi Flavour No Added Sugars Powder 200gm**

Celevida is a dietary supplement that is sugar-free and formulated to aid in the management of diabetes. The delightful kesar elaichi flavor adds a fragrant touch to its nutritious blend, which helps control blood sugar levels and provides important nutrients. Customers appreciate the dual advantages of improving the flavor of their food while also aiding in their energy management. Numerous individuals have experienced a decrease in hunger cravings and improved blood sugar control, establishing it as a regular component of their diabetes management regimen.

#### **How to Use:**

- Mix 2 scoops (25g) of powder in 200ml of lukewarm water or milk.

### **Horlicks Diabetes Plus Vanilla**



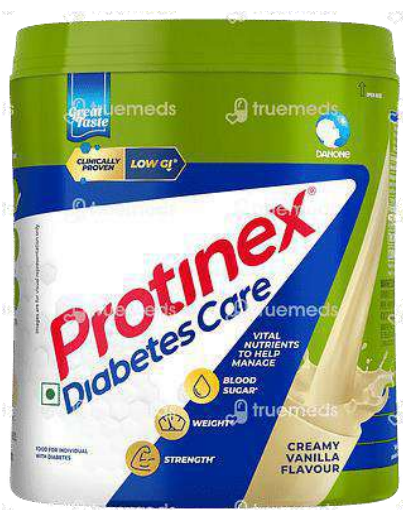
### **Horlicks Diabetes Plus Vanilla 400 GM**

Horlicks diabetes plus is a unique fitness drink specifically designed to meet the nutritional requirements of individuals with diabetes. Its low glycaemic index ensures a consistent level of glucose, while its blend of proteins, vitamins, and minerals promotes overall health. The smooth vanilla flavour provides a comforting sensation, and clients appreciate its recognizable emblem. Many choose it for its ability to provide sustained energy and resources for better diabetes management.

#### **How to Use:**

- Mix 2-3 scoops (approximately 50g) of powder in 200ml of lukewarm water or milk.

### **Protinex Diabetes Care Creamy Vanilla Flavour Powder**



Protinex diabetes care is a protein-rich nutritional supplement specifically formulated to meet the dietary requirements of individuals with diabetes. It contributes to maintaining strong muscles, regulates blood sugar levels efficiently, and fosters a healthy way of living. The rich and creamy vanilla flavor is a customer favorite, enhancing their daily nutrition with a touch of indulgence. Customers value its nutritional benefits and its capacity to sustain and invigorate them, which in turn enhances their overall well-being.

#### How to Use:

- Mix 2-3 scoops (approximately 50g) of powder in 200ml of lukewarm water or milk.

#### **Pentasure DM Diabetes Care Vanilla Flavour Sucrose-Free Powder**

Prohance is a cutting-edge nutritional supplement specifically designed for individuals managing diabetes. Rich in high-quality proteins, vitamins, and minerals, it provides balanced nutrition while effectively managing blood sugar levels. Its low glycemic index guarantees minimal sugar spikes, making it an ideal choice for regular consumption. The rich vanilla flavor enhances its appeal, and

customers praise it for its ability to provide long-lasting energy while promoting overall well-being.

## CONCLUSION

Ayurveda Medicine provides valuable assistance and techniques for managing diabetes and their symptoms. The Ayurvedic treatment for diabetes prioritises all over the health and well-being while taking a preventative approach to reduce potential long-time complications included with the condition.

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