



## Review Paper

# A Review On- Formulation and Evaluation of Hydrogel

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### ABSTRACT

Hydrogel products are a type of polymeric material that have a hydrophilic structure, allowing them to retain significant amounts of water within their three-dimensional networks. Because of their elevated water content, porosity, and soft consistency, they closely mimic natural living tissue, surpassing all other types of synthetic biomaterials in doing so. In addition, hydrogels can be prepared in various physical forms such as slabs, micro particles, nanoparticles, coatings, and films. Hydrogels are frequently utilized in clinical practice and medicine for various purposes, such as tissue engineering, regenerative medicine, diagnostics, cellular immobilization, separation of biomolecules or cells, and as barrier materials to control biological adhesions. This biomaterial has a high capacity for retaining significant volumes of biological fluids and undergoes expansion. When they get swollen, they take on a soft and rubbery texture and closely mimic real tissue, demonstrating exceptional biocompatibility. The main purpose of this article is to discuss the categorization of hydrogel based on many factors, the features of hydrogel, the process of preparing it, and the physical and chemical characteristics of these products

## INTRODUCTION

Hydrogels are polymer networks that have the ability to absorb and retain large amounts of water. Hydrophilic groups present in the polymeric network absorb water in aqueous environments, resulting in the formation of a hydrogel structure. Another way to define hydrogel is as a polymeric

material that can absorb and retain a substantial amount of water within its structure<sup>1</sup>. Without dissolving in water. Their high water content gives them a level of flexibility that closely resembles that of genuine tissue. The hydrogel's capacity to absorb water is derived from the presence of hydrophilic functional groups connected to the polymeric backbone, while its resistance to

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dissolution is due to the crosslinks formed between network chains<sup>2</sup>.

Over the years, researchers have characterized hydrogel in various ways. The most prevalent type of hydrogel is a polymeric network that is inflated with water and cross-linked through a straightforward process involving one or more monomers.

In the past twenty years, synthetic hydrogels have supplanted natural hydrogels due to their extended lifespan, superior water absorption capabilities, and increased gel strength. Synthetic polymers often possess a well-defined structure that can be modified to achieve desired properties such as tailoring degradability and functionality. Hydrogels are referred to as "reversible" or "physical" gels when the primary mechanism for creating the network is molecular entanglements and/or secondary forces such as ionic, hydrogen bonding, or hydrophobic interactions.

Hydrogels are water-absorbing polymers capable of retaining a significant amount of water relative to their own mass. They are carboxylic acid polymers. When the acid groups encounter water, they undergo ionization, resulting in the polymer having many negative charges distributed throughout its length. There are two consequences to this. Initially, the repulsion between the negative charges causes the polymer to expand. Furthermore, polar water molecules exhibit an attraction towards negative charges. The viscosity of the resulting mixture is increased due to the expansion of the polymer chain, which occupies more volume and hinders the movement of solvent molecules. The polymer is in a state of balance with the water surrounding it, but this balance can be disrupted in several ways. When the concentration of ions in the solution is raised, for as by adding salt, the positive ions bind to the negative sites on the polymer, so effectively balancing out the charges. This results in the polymer undergoing a collapse, returning to its

original state. Alkali addition eliminates acid ions and shifts the equilibrium position towards the right, while acid addition produces the opposite outcome. Hydrogels are abundant and exhibit varying degrees of expansion and contraction in response to changes in pH, temperature, and ionic concentrations. By employing a combination of monomers, one may precisely adjust and optimize the properties of the polymer<sup>3</sup>.

#### ADVANTAGES<sup>4</sup>

1. Hydrogel has greater elasticity and strength.
2. Hydrogel exhibits excellent transparency and is easily modifiable.
3. Because of their high water content, they have a level of elasticity that closely resembles that of genuine tissue.
4. These substances possess biocompatibility, biodegradability, and can be administered via injection.
5. Hydrogels possess the capacity to detect alterations in pH, temperature, or metabolite concentration and then release their payload in response to such changes.
6. Timely release of medicines or nutrients.

#### DISADVANTAGE<sup>5</sup>

1. Expensive.
  2. The wound dressing may not adhere well and may require more dressing to secure it. Additionally, the presence of the maggot may cause a feeling when it moves.
  3. The .Challenging to achieve sterility.
  4. Contact lens deposition can lead to hypoxia, dehydration, and red eye reactions.
- Technical characteristics of hydrogel.

#### THE KEY CHARACTERISTICS OF AN OPTIMAL HYDROGEL MATERIAL CAN BE ENUMERATED AS FOLLOWS:<sup>6</sup>

1. The maximum absorption capacity in a saline solution.



2. The rate of absorption desired is dependent on the specific requirements of the application.
3. The minimum solubility and remaining monomer concentration.
4. This product exhibits exceptional endurance and stability, even in environments with high levels of swelling, as well as during storage.
5. Lacking color, lacking color, and completely non-toxic.

## CHARACTERISTICS OF HYDROGEL

1. Swelling Properties: Even slight alterations in environmental conditions can rapidly and reversibly induce changes in hydrogel. Modifying environmental factors such as electric signal, pH, temperature, and the presence of enzymes or other ionic species can cause a transformation in the physical properties of the hydrogel.<sup>7</sup>
2. The mechanical qualities of a material can be adjusted and customized according to its intended use. One can achieve a gel with more rigidity by either increasing the degree of crosslinking or reducing it through the application of heat to the substance. The alterations in mechanical properties are associated with a diverse array of variables and causes, necessitating distinct analyses based on the material in question.<sup>8</sup>
3. Polymers utilized in hydrogels: Hydrogels are created by employing both natural and synthetic polymers.
4. Examples of natural polymers include chitosan, gelatin, alginates, and fibrin.
5. Synthetic polymers include vinyl acetate, acrylic acid, and methacrylate-vinyl 2 pyrrolidine.
6. Biocompatible qualities refer to the ability of a material to elicit an acceptable reaction from the host organism in a specific application. Biocompatibility primarily encompasses two essential Elements:

(a) bio-functionality, which refers to the material's capacity to effectively carry out its intended function.

(b) Bio-safety refers to the desired reaction of the host, both systemically and locally (in the surrounding tissue), without any mutagenesis or cytotoxicity.<sup>9</sup>

## CLASSIFICATION

Hydrogel products can be classified based on their properties and characteristics. Hydrogel can be categorized based on various criteria, which are explained in detail below:

### 1. CLASSIFICATION DERIVED FROM SOURCE<sup>10</sup>

1. Natural hydrogels possess the characteristics of being biodegradable, biocompatible, and exhibiting favorable cell adhesion properties. The two primary categories of natural polymers utilized in the production of natural hydrogels are proteins, including collagen, gelatin, and lysozyme, and polysaccharides, such as hyaluronic acid, alginate, and chitosan.
2. Synthetic hydrogels possess greater utility compared to natural hydrogels due to their ability to be deliberately designed with a significantly broader spectrum of mechanical and chemical characteristics than their natural counterparts. Polyethylene glycol (PEG) hydrogels are a commonly utilized material in biomedical applications because of their non-toxic nature, compatibility with the body, and minimal potential for causing immune reactions.
3. Hybrid hydrogels are formed by combining natural and synthetic polymer hydrogels. In order to harness the benefits of both synthetic and natural hydrogels, various naturally occurring biopolymers like dextran, collagen, and Chitosan have been merged with synthetic



polymers such as poly (N-isopropylacrylamide) and polyvinyl alcohol.

## 2. CLASSIFICATION BASED ON THE COMPOSITION OF POLYMERS<sup>11</sup>

1. Homo-polymeric hydrogels are polymer networks made from a single type of monomer, which is the fundamental building block of any polymer network. Homopolymers can possess a cross-linked skeletal structure, which is determined by the characteristics of the monomer and the process used for polymerization.
2. Co-polymeric hydrogels consist of multiple monomer species, including at least one hydrophilic component, organized in a random, block, or alternating arrangement inside the polymer network.
3. Multi-polymer interpenetrating polymeric hydrogel (IPN) refers to a significant category of hydrogels that consist of a network system composed of two separate cross-linked synthetic or natural polymers.

## 3. BASED ON THE BIODEGRADABILITY

1. Biodegradable hydrogels are composed of polymers that naturally degrade over time. Examples of biodegradable polymers include Chitosan, fibrin, and agar. Poly (aldehyde gluconate), polyanhydride, and poly (N-isopropyl acrylamide) are instances of synthetic biodegradable polymers.
2. Non-biodegradable hydrogels are commonly made using different vinylated monomers or macromers, such as 2-hydroxyethyl methacrylate, methoxyl poly (ethylene glycol), 2-hydroxypropyl methacrylate, and acrylamide.

## 4. CLASSIFICATION BASED ON CONFIGURATION<sup>12</sup>

Hydrogels are characterized based on their physical structure and chemical content as follows:

1. Amorphous refers to a substance that lacks a definite crystalline structure.
2. Semi-crystalline refers to a substance that consists of a combination of amorphous and crystalline phases.
3. Consisting of or resembling crystals.

## 5. CLASSIFICATION DEPENDING ON THE TYPE OF CROSS-LINKING:<sup>13</sup>

Hydrogels can be classified into two types depending on the chemical or physical properties of the cross-link junctions.

1. Chemically cross-linked networks possess enduring junctions.
2. Physical networks have transient junctions that result from either polymer chain entanglements or physical interactions such as hydrogen bonds or hydrophobic interactions.

## 6. CLASSIFICATION BASED ON PHYSICAL APPEARANCE

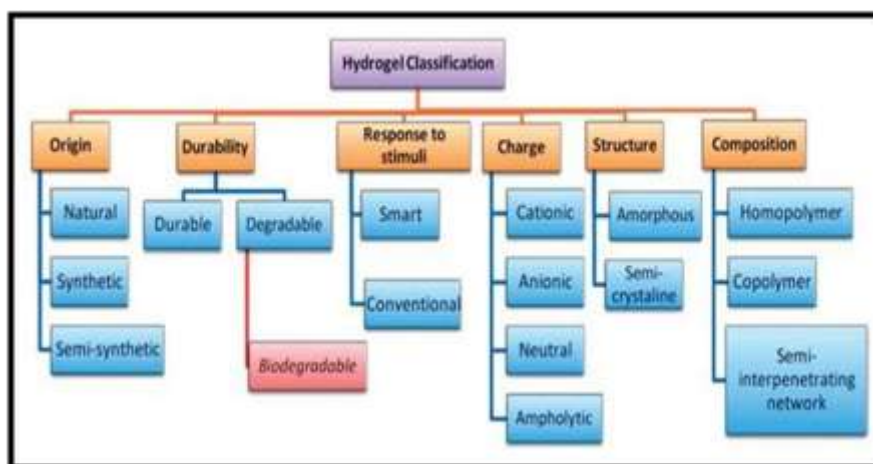
The appearance of hydrogels as a matrix, film, or microsphere is determined by the polymerization technique used in the preparation process.

## 7. CLASSIFICATION BASED ON NETWORK ELECTRICAL CHARGE IS<sup>12</sup>

Hydrogels can be classified into four classes based on whether or not they have an electrical charge on the cross-linked chains:

1. Nonionic refers to a substance that is electrically neutral.
2. Ionic compounds, which can be either anionic or cationic.
3. An amphoteric electrolyte, also known as an ampholytic, is a substance that has both acidic and basic groups.
4. Zwitterionic compounds, also known as polybetaines, consist of both negatively charged (anionic) and positively charged (cationic) groups.





**Figure 1: Flow chart of Hydrogel Classification.**<sup>14</sup>

## HYDROGEL PREPARATION METHODS

There are 14 different methods for manufacturing hydrogels.

Hydrogels are polymer networks with a propensity for attracting and absorbing water. Hydrogels are typically created using hydrophilic monomers, while hydrophobic monomers are occasionally employed in the synthesis of hydrogels.

Hydrogels can be derived from either synthetic polymers or natural polymers. Synthetic polymers exhibit hydrophobic properties and possess greater chemical strength in comparison to natural polymers. Their high mechanical strength leads to a sluggish rate of degradation. However, this mechanical strength also ensures durability. The best design should ensure a balance between these two contrasting qualities. Additionally, it can be utilized in the creation of hydrogels using natural polymers, as long as these polymers include appropriate functional groups or have been modified with radically polymerizable groups. The following polymerization processes are mentioned below:

### Bulk polymerization

Refers to a process in which a polymer is formed by the reaction of monomers in a single phase, typically a liquid or a molten state, without the need of a solvent. Hydrogels can be produced by combining one or

more types of monomers, particularly vinyl monomers, in large quantities. Typically, a minimal quantity of cross-linking agent is incorporated into every hydrogel composition. Radiation, UV light, or chemical catalysts are employed to initiate the polymerization reaction. The selection of the initiator is contingent upon the specific monomers and solvents employed. The polymerized hydrogel can be manufactured in various forms such as rods, particles, films, membranes, and emulsions.<sup>15</sup>

### Free radical polymerization

Is a chemical process in which polymer chains are formed through the reaction of free radicals.

The primary monomers utilized in this technique for the synthesis of hydrogels include acrylates, vinyl lactams, and amides. These polymers possess appropriate functional groups or have been modified with radically polymerizable groups. This approach encompasses the chemical processes of conventional free-radical polymerizations, which consist of propagation, chain transfer, initiation, and termination stages. A diverse range of thermal, ultraviolet, visible, and redox initiators can be employed for the initiation step of the radical production process. These initiators cause the radicals to react with the monomers, transforming them into active forms.<sup>16</sup>

### **Solution polymerization**

Refers to a process in which a polymer is formed by the reaction of monomers in a solution. The process involves combining ionic or neutral monomers with a multifunctional crosslinking agent. The polymerization process is triggered either through thermal means using UV-irradiation or with a redox initiator device. An important benefit of solution polymerization compared to bulk polymerization is the inclusion of a solvent that acts as a heat absorber. The produced hydrogels are rinsed with distilled water to eliminate the initiator, soluble monomers, oligomers, cross-linking agent, extractable polymer, and other contaminants. The solvents employed include water-ethanol combinations, water, ethanol, and benzyl alcohol.<sup>17</sup>

### **Suspension polymerization**

Is a process that involves the formation of polymers by suspending monomer droplets in a liquid medium. This technique is utilized to fabricate spherical hydrogel micro particles with a size range spanning from 1µm to 1mm. In this procedure, the monomer solution is dispersed in a non-solvent, resulting in the formation of small droplets. These droplets are stabilized by the addition of a stabilizer. The polymerization is begun through the heat breakdown of a free radical. The micro particle was created and then rinsed to eliminate any remaining unreacted monomers, cross-linking reagent, and initiator.<sup>18</sup>

### **Grafting to a support**

Is the process of joining a monomer to the existing polymer chain by polymerization. The polymer chains are stimulated with chemical reagents or high-energy radiation therapy. Activated macro radicals facilitate the growth of functional monomers, resulting in branching and subsequent crosslinking.<sup>19</sup>

### **Irradiation-induced polymerization**

The initiators utilized for creating hydrogels of unsaturated chemicals include ionizing high-energy radiation, such as gamma rays and electron beams. When aqueous polymer solution is exposed to irradiation, radicals are formed on the polymer chains. The recombination of macro-radicals on separate chains leads to the creation of covalent bonds, ultimately resulting in the production of a cross-linked structure.<sup>20</sup>

### **Physical cross-linking**

Refers to the process of forming connections or bonds between molecules or particles through non-chemical means, such as through physical interactions or forces. One of the most prevalent and straightforward methods for forming hydrogels is by the cross-linking of polymers using physical interactions. The physical crosslinking process involves the interaction of ions, such as hydrogen bonding, polyelectrolyte complexation, and hydrophobic association.

Complex coacervation refers to the phase separation process that occurs when oppositely charged macromolecules or polymers interact and form a dense, coacervate-rich phase. The process of creating complicated coacervate gels occurs when polyanions are mixed with polycations. The fundamental premise of this approach is that polymers with opposing charges adhere to one other and create soluble and insoluble complexes, which is determined by the concentration and pH of the fluids involved. An example of this is the process of coacervating polyanionic xanthan with polycationic chitosan. Proteins that have a pH below their isoelectric point have a positive charge and are prone to binding with negatively charged hydrocolloids, resulting in the formation of a hydrogel made up of polyion complexes.

### **Drug release mechanism**<sup>21</sup>

### **Controlled by the process of diffusion:**

The most prevalent drug release method for hydrogels is diffusion-controlled. The application of Fick's law of diffusion, which incorporates both constant and variable diffusion coefficients, is frequently employed in the modeling of diffusion-controlled release. The diffusivities of drugs are typically assessed by empirical methods or approximated beforehand using theories based on free volume, hydrodynamics, or obstructions.

### **Regulated via chemical means:**

Chemically controlled release refers to the process of releasing molecules based on the processes that take place within a delivery matrix. The predominant reactions observed in hydrogel delivery systems involve the breakdown of polymer chains by hydrolytic or enzymatic degradation, as well as reversible or irreversible interactions between the polymer network and the medicine being released. The rate of drug release can be controlled by either the surface or bulk erosion of hydrogels, depending on specific conditions. If drug-binding components are included in the hydrogels, the pace at which the drug is released may be determined by the binding equilibrium.

### **Edema managed:**

Swelling-controlled release takes place when the diffusion of the medication is more rapid than the swelling of the hydrogel. The modeling of this process typically incorporates dynamic boundary conditions, where molecules are released at the interface between the rubbery and glassy phases of a swelling hydrogel. The most prevalent drug release mechanism in hydrogels is diffusion-controlled.

### **Characterization of hydrogel:**

The crucial attributes for characterizing hydrogels are as follows:

### **PH**

the pH of hydrogels is determined using a digital pH meter.<sup>22</sup>

### **Scanning Electron Microscopy (SEM)**

Scanning Electron Microscopy (SEM) can be utilized to gather data regarding the composition, surface topography, and additional characteristics of a sample, including electrical conductivity.

### **Fourier Transform Infrared Spectroscopy (FTIR)**

FTIR is a technique used to analyze the interaction of infrared light with a sample. It involves the measurement of the absorption, emission, or reflection of infrared radiation by the sample, which provides information about its chemical composition and molecular FTIR analyses were conducted on both the drug-loaded hydrogel and the drug-free hydrogel. Hydrogen bonding exerts a substantial impact on the form and intensities of peaks, typically resulting in broadening of peaks and shifts in absorption towards lower frequencies. By studying the graphs of hydrogel with and without drug, we may ascertain the underlying structure of the hydrogel when the drug is present.<sup>23</sup>

### **Swelling Measurement**

#### **Method A**

In this procedure, the dehydrated hydrogel is submerged in deionized water for a duration of 48 hours at room temperature using a roller mixer. Once the hydrogel has expanded, it is passed through a stainless steel mesh with 30 openings per inch, each measuring 681  $\mu\text{m}$ . The calculation of the swelling is performed using the following method. Swelling is calculated as the difference between the weight of the swollen material ( $W_s$ ) and the weight of the dry material ( $W_d$ ), divided by the weight of the dry material ( $W_d$ ).  $W_s$  represents the weight of the hydrogel when it is



swollen, while  $W_d$  represents the weight of the hydrogel when it is dry.

### Method B

To assess the expansion of the hydrogel, one can scatter a specified amount (0.05-0.1g) of the dry hydrogel into a substantial volume of water (25-30 ml) in a vial. This mixture should be left at room temperature for 48 hours. Subsequently, the mixture is subjected to centrifugation in order to separate the water-bound material from the unabsorbed water. The liberated water is extracted and the extent of swelling can be quantified using Method A.

### Method C

As per this procedure, the dehydrated gel is submerged in deionized water for 16 hours at normal room temperature. Once the hydrogel has expanded, it is passed through a 100-mesh stainless-steel filter. The calculation of swelling is performed using the following formula. The formula for calculating swelling is given by multiplying the ratio of the change in volume to the initial volume by 100. In this equation,  $C$  represents the weight of the hydrogel after it has been dried, and  $B$  represents the weight of the fraction that does not dissolve after being extracted with water.<sup>24</sup>

### X-ray diffraction

Diffraction analysis involves determining the crystalline or amorphous properties of a material. It is employed to determine if the polymers maintain their crystalline structure or undergo deformation during the pressurization process of processing. Diffraction analysis is a widely used method for studying the shape and structure of hydrogels.

Rheology refers to the study of the flow and deformation of materials, particularly liquids and soft solids, under the influence of applied forces or stresses.

### Rheology

The viscosity of the gel formulations is measured using a Brookfield viscometer equipped with spindle no. 7, rotating at a speed of 100 revolutions per minute, at a temperature of 250 degrees Celsius.<sup>25</sup>

### Spreadability analysis

The device consists of a wooden block with a scale, as well as two glass slides that have a pan set on a pulley. To obtain uniform thickness, the excess formulation is sandwiched between two glass slides and a weight of 100 grams is applied to the top slide for a duration of 5 minutes. Additional weight can be applied, and the duration it takes for the two slides to separate is referred to as spreadability time.

The formula for  $S$  is calculated by multiplying  $M$  and  $L$ , and then dividing the result by  $T$ . Let  $S$  represent the spreadability,  $M$  represent the weight attached to the upper slide,  $L$  represent the length of the glass slide, and  $T$  represent the time taken in seconds.<sup>26</sup>

### Test for skin irritation

Rabbits are subjected to skin irritancy testing. The preparation is administered topically to two rabbits, and the treated area is covered with either gauze or a bandage for protection. After a duration of 24 hours, the formulation is eliminated and the area is examined for any indications of swelling and redness. The average irritation scores can be calculated by adding the erythema scores and the edema reaction scores, and then dividing the sum by the time.<sup>27</sup>

### Uses

1. **Wound healing:** Hydrogels possess the capacity to retain water and drugs within them as a result of their interconnected structure. Because of their capacity to retain moisture, they are able to hold and retain fluids from wounds. The gel consists of polyvinyl



pyrrolidine or polyacrylamide with a water content ranging from 70% to 95%.<sup>28</sup>

2. **Colon-specific hydrogels:** made from polysaccharides have been developed to target the high concentration of polysaccharide enzymes found in the colon region of the gastrointestinal tract. The formulation of dextran hydrogel is designed specifically for delivering drugs to the colon.
3. **Drug delivery in the gastrointestinal (GI) tract:** involves the use of hydrogels to transport medications to targeted locations inside the digestive system. When colon-specific hydrogels loaded with drugs are present, they exhibit tissue specificity and undergo changes in pH or enzymatic activity, leading to the breakdown of the drug. The number is<sup>29</sup>.
4. **Rectal medication delivery:** involves the use of hydrogels with bio adhesive characteristics.<sup>30</sup>
5. **Transdermal Delivery:** Several drug delivery devices based on hydrogels have been developed to provide drugs via the skin. Hydrogel-based formulations are being investigated for transdermal iontophoresis in order to achieve improved penetration of various goods.
6. **Drug delivery:** in the oral cavity involves the incorporation of drugs into hydrogels, which are then used to locally treat disorders of the mouth, including stomatitis, fungal diseases, periodontal disease, viral infections, and oral cavity cancers.<sup>31</sup>
7. **Gene delivery:** Altering the composition of hydrogels enables precise targeting and delivery of nucleic acids to specific cells for gene therapy. Hydrogels has significant potential for treating a wide range of hereditary or acquired disorders.
8. **Tissue Engineering:** Micronized hydrogels are employed for the purpose of transporting

macromolecules into the cytoplasm of antigen presenting cells. Agarose, methylcellulose, and other naturally sourced products are examples of hydrogel materials commonly employed in tissue engineering.<sup>32</sup>

9. **Ocular drug delivery:** Hydrogels are extensively utilized in the field of ocular drug administration. Hydrogels exhibit controlled or sustained release, which helps decrease the frequency of dosing and enhance the medication's efficiency by targeting its specific site of action. This also reduces the required dosage and ensures consistent drug delivery.<sup>33</sup>

#### Additional uses of hydrogels include <sup>34</sup>

##### Hydrogel beads for plant irrigation

Hydrogels can be used in a straightforward manner by using coarse powders made of polyacrylamide or potassium polyacrylate matrix. These powders are available under several names such as Plant-Gel, Super Crystals, and Water-Gel.

Crystals are utilized as a durable water source for plant cultivation in gardening, household, and occasionally industrial horticulture. According to Chalker-Scott from Washington State University, commonly used watering crystals are made from non-renewable materials and can contain toxic substances like acrylamide. Therefore, the potential risks of using these crystals outweigh the benefits of water storage and controlled release. Moreover, there are alternative methods available that have a lower environmental impact.

##### Infant undergarments

Hydrogel's strong attraction to water can be utilized in the manufacturing of super-absorbent diapers, which remain dry even after absorbing a significant amount of fluids. In the last twenty years, the use of hydrogel-based diapers, which often contain various forms of sodium polyacrylate, has significantly reduced the



occurrence of skin disorders caused by prolonged exposure to wet materials.

### **Fragrance transportation**

During the nineties patents detailing volatile species delivery devices started to proliferate in number. Procter & Gamble appears to hold the most important patents in the subject, specifically for converting perfumes into cyclodextrin complexes. The primary objective was to create devices that could gradually release scents into the environment over an extended period of time. These devices were intended to replace traditional salt-based tablets, specifically sodium dodecyl benzene sulphate, with more convenient and aesthetically pleasing alternatives for household maintenance. Hydrogels play a crucial function in a process by utilizing their ability to swell. This property can be used in materials where the release of a perfume scent is activated by the polymer's dynamic swelling force when it becomes wet. These devices emit volatile particles through osmotic diffusion of the substance from the swollen hydrogel into the surrounding water in the environment.

### **Beauty products**

With a relatively minimal cost, companies can introduce new cosmetic items, known as "beauty masks," that are based on hydrogels. These masks, typically containing engineered collagen (such as Masqueology by SEPHORA USA Inc. and BioCollagen Cosmeceuticals by NOVOSTRATA UK Ltd.), hyaluronic acid (SEPHORA USA Inc.), or polyvinyl pyrrolidone (Pecogel), are marketed as providing skin hydration, restoring elasticity, and offering anti-aging benefits. Pecogels are appropriate for cosmetic applications, such as sunscreen cream or mascara. Moreover, several commercially accessible products, such as the Hydro Gel Face Masks produced by Fruit & Passion Boutiques Inc., combine the moisturizing

properties of organic polymeric gels with sophisticated drug-delivery systems designed to release biomolecules like vitamin C.

The cosmetic sector is at the forefront of hydrogel technology, with the development of a pH-sensitive polymer called P (MAA-co-EGMA) for the controlled release of cosmetic medications such as arbutin, adenosine, and niacinamide. These molecules are well known for their effectiveness in treating wrinkles and lightening the skin.

### **Cosmetic surgery**

Hydrogels are considered favorable materials for use in contact with the human body due to their resemblance to the extracellular matrix. The primary motivation for the introduction of hydrogels as novel materials for plastic repair was to address this specific issue. For a considerable period, Hyaluronic Acid (HA) was widely regarded as a universal remedy for all types of pain along this trajectory. A prominent firm in the industry is Macrolane. Since 2008, Macrolane has conducted specific research on treatments and products aimed at improving breast size and form. These alternatives are designed to be more compatible with the body and offer a less invasive option compared to traditional silicone implants. Currently, Macrolane is utilized for filling various areas of the body, excluding the breasts. The chemical is administered intravenously using a syringe, where it solidifies and replenishes the volume. Hydrogels can be utilized as bulking agents in the treatment of urinary incontinence. These clever injectable gels can be employed in clinical procedures to tighten the urethral channel and alleviate the patient's incontinence.

### **Applications related to the environment**

Water pollution is a significant problem, particularly in impoverished regions. Hydrogels, due to their strong attraction to water, could be



employed in two distinct methods to address water contamination. Initially, the matrix can serve as a container for filtering microorganisms. A multitude of intriguing investigations has been conducted by enclosing microorganisms within various carrier materials along this specific trajectory. *Chlorella* and *Spirulina* are the most commonly utilized varieties. These microorganisms are being employed for eliminating chemical contaminants from water sources. Both synthetic and natural hydrogels have been utilized. The most effective hydrogels described in scientific literature seem to be formed from Alginate, or alternatively carrageenan and agar. Another intriguing approach to address the issue of pollutants is modifying the hydrogels to enhance their ability to capture and retain the pollutants inside their networks.

### **Microbial cultivation**

Hydrogels have the ability to retain a substantial amount of microorganisms within their structure. This can be utilized for water filtration, biomolecule manufacturing, or bacterial cultivation. Agar is widely recognized as the preferred substrate for bacterial culture in biotechnological applications, setting the highest standard. Due to its resistance to digestion by numerous bacteria and microorganisms, it creates an ideal environment for their growth on a solid substrate.

### **Electrophoresis and proteomics**

Gel electrophoresis is generally considered a highly conventional method for separating proteins. Acrylamide agarose copolymers have been suggested as effective systems for separation matrices in two-dimensional (2-D) electrophoresis. They offer good resolution for proteins of both high and low molecular mass due to the careful control and optimization of the hydrogel pore structure. This makes them a

promising alternative to the commonly used polyacrylamide cross-linked hydrogels. It is particularly intriguing to study the connections between the structure and properties of these hydrogels in order to enhance their functional effectiveness. An extensive variety of hydrogel chemical compositions was examined, and their impact on the structural and functional characteristics of the hydrogel was clarified. To be more precise, the assessment of the density of crosslinks using dynamic tests and the application of viscoelastic models to determine the mobility of non-permanent crosslinks in network systems have provided insights into the pore structure of the hydrogel matrix and have helped to clarify its impact on the performance of electrophoretic separation.

### **Electronics applications**

The utilization of hydrogels as matrices in electronics shows great potential due to the exceptional adjustability and accuracy of capacitors with hydrogel dielectrics. By altering the polymer and the solution it carries, it is feasible to construct cost-effective capacitors with superior performance. Organic polymers can be used to create Hydrogel electrolytes. Choudhury et al. have identified poly (ethylene oxide), potassium poly (acrylate), poly (vinyl alcohol), and gelatin as highly promising materials for this purpose. Nevertheless, organic polymers exhibit inferior characteristics when compared to those of inorganic hydrogels.

## **ONGOING STUDIES REGARDING HYDROGELS**

### **Aquatic Filtration**

An innovation in water purification may provide the means to produce clean and safe drinking water using only natural sunlight and affordable gel technology. Engineers have devised a cost-efficient and compact method utilizing gel



polymer hybrid materials in combination. These "hydrogels" are networks of polymer chains that have both hydrophilic (water-attracting) qualities and semiconducting (solar-absorbing) properties. They can be used to produce clean and safe drinking water from any source, including oceans and contaminated supplies, due to their high water absorbency. Texas Engineering researchers have created a novel solar vapor generator using hydrogel, which utilizes solar energy from the surroundings to facilitate the evaporation of water for efficient desalination. Current solar steaming systems for desalination of saltwater are expensive and rely on optical equipment to concentrate sunlight. The researchers from UT Austin created nanostructured gels that demand far less. The system operates solely on ambient sunshine, requiring only naturally occurring levels of energy, while also having the ability to greatly enhance the amount of water that may be evaporated. Water desalination using distillation is a widely used technique for large-scale freshwater production. Nevertheless, existing distillation methods, such as multi-stage flash and multi effect distillation, necessitate substantial infrastructure and consume a considerable amount of energy. In contrast, the hydrogels enable the production of water vapor using direct sunlight, which can then be transported to a condenser for the delivery of fresh water. The desalination capabilities of these hydrogels were also evaluated on water samples from the salt-saturated Dead Sea and successfully met the criteria. UT engineers successfully decreased the salinity of Dead Sea water samples by a significant amount using the hydrogel technique.<sup>35</sup>

#### **A peptide hydrogel facilitates tissue regeneration without the need of pharmaceuticals.**

A researcher at Rice University is investigating the potential of peptide hydrogel to enhance healing and stimulate tissue regeneration by including

various medicines, proteins, and cells. Interestingly, the study found that the hydrogel itself possesses significant therapeutic qualities. The researchers have developed a self-assembling multidomain peptide (MDP) with the amino acid sequence K2 (SL) 6K2. This peptide can be injected into tissue to create a suitable environment for new cell growth. Over the course of a few weeks, the body naturally eliminates the peptide. The researchers from the rice team observed that the hydrogel stimulates the development of new blood vessels and attracts nerve fibers. Additionally, it encourages the migration of host cells and induces a temporary inflammatory response. These findings were unexpected. The bioactive capabilities of the peptide hydrogel are influenced by both its chemical composition and physical structure. This has been demonstrated in previous studies<sup>36,37</sup>

#### **A hydrogel-based capsule could potentially improve patient adherence to medicine.**

Created a novel drug delivery system known as Ultra-long acting capsules, utilizing hydrogel material that can remain in the stomach for a duration of up to nine days, gradually releasing the prescribed medication. These capsules have the potential to last for the entire duration of the therapy, or they can be consumed either weekly or monthly, depending on the device. Creating capsules that can remain in the gastrointestinal tract for extended periods, rather than quickly passing through the body, is a challenging endeavor. This is because the materials used must be capable of enduring the significant power exerted in the stomach. The patient can ingest a hydrated hydrogel capsule, but it swells upon entering the stomach to prevent it from passing through the pylorus. However, hydrogels, which are usually composed of a single network of cross-linked polymer chains, are generally soft and lack the strength to withstand compressive forces.<sup>38</sup>



### **Novel stimuli-responsive intelligent hydrogels provide promising prospects for the field of material biology and biomedical applications.**

Hydrogels, referred to as soft matter in the medical field, are prominent substances utilized in biomedical applications like drug administration and stem cell treatment. However, conventional hydrogels, which are commonly found in items like facial masks and contact lenses, consist of either artificial polymers or natural substances like animal collagen, and are prone to triggering allergic reactions. They are unable of accurately replicating the intricate biological conditions necessary for cellular growth and maturation. The team constructed this new hydrogel by assembling genetically modified proteins into molecular networks through the linkage of photoreceptor C-terminal adenylyl cobalamin binding domain (CarHC) proteins at normal room temperature. The synthesis is dependent exclusively on bacterial culture, which is a process akin to fermentation. The resulting hydrogel has a composition similar to human tissues, making it suitable for delivering living cells into human bodies. This could potentially reduce the risk of allergies and rejection by the body. This photo-responsive hydrogel functions as a drug carrier by rapidly transitioning from a solid to a liquid state when exposed to light. This enables regulated release of pharmaceuticals into the body. The utilization of protein-based hydrogels as a method offers a novel approach to designing bioactive materials, allowing for meticulous manipulation of their characteristics.<sup>39</sup>

The study presents a method for creating self-healing hydrogels with adjustable mechanical characteristics and shape memory behavior using multiamine-induced poly (Acrylic Acid) hydrogels. Diethylenediamine (DETA), a tiny molecule with three amino groups, is used to crosslink poly(acrylic acid) (PAAc) chains through ionic bonding. The resulting complexes

between the PAAc chains and DETA create hydrophobic microdomains inside the hydrogel network. The combination of ionic bonding and hydrophobic contacts greatly enhances the mechanical characteristics, which may be controlled by altering the molar ratio of PAAc to DETA. Because of the physical interaction of the crosslinks, the hydrogels are capable of rapidly self-healing under normal environmental circumstances. The hydrogels exhibit shape memory behavior due to the heat reactivity of the physical microdomains crosslinks. This innovative approach is expected to offer fresh possibilities for creating hydrogels with high strength and versatile functions, enabling their use in diverse applications including artificial muscle and skin.<sup>40</sup>

### **Recently created hydrogels have the potential to facilitate innovative eye surgical methods.**

A recently created flexible gel, when injected into a rabbit's eye, quickly transforms into a jelly-like substance, replacing the transparent gel-like fluid inside the eye. This advancement has the potential to facilitate the development of innovative eye surgery methods.

### **Applications of Plant-Based Hydrogels**

In the Cosmetics Industry Hydrogels are polymeric structures that have a strong affinity for water and can be chemically bonded together using several techniques. They have extensive usage in cosmetics and skin preparation goods and can be created from several sources. Polysaccharides present in botanical organisms. Below are the primary classifications of polysaccharides and associated substances utilized in the cosmetics sector. Scientists have been interested in polymeric hydrogels for skin preparations due to their distinctive characteristics, such as biocompatibility, high water content, elasticity, and softness. Hydrogels that are derived from natural sources are typically composed of protein chains or polysaccharides, which are



formed by the linkage of individual sugar molecules. The chemical industry is actively engaged in altering the architectures of polysaccharides to create refined products that possess certain qualities. Here, the primary origins of plant-based hydrogels are identified.<sup>41</sup>

### **Advancements in the use of hydrogel-based drug delivery systems for the treatment of melanoma cancer**

Recent breakthroughs in the application of hydrogels for malignant melanoma treatment. In recent years, there has been significant interest in using hydrogel formulations made from natural or synthetic polymeric materials mixed with medicinal compounds to treat a wide range of ailments. These formulations can be classified based on the tactics that cause cancer cells in melanoma to die. It is important to acknowledge that these formulations can only serve as a supplementary measure that releases bioactive chemicals to target cancer cells, rather than being the primary approach. This approach entails administering the medication through transdermal routes, leading to the demise of malignant cells. One alternative approach involves the use of magnetic gel composites to treat melanoma by hyperthermia therapy.<sup>42</sup>

### **CONCLUSION**

Hydrogel-based delivery devices are suitable for oral, ophthalmic, epidermal, and subcutaneous application because of their high water content and soft consistency. Hydrogels closely mimic natural living tissue more than any other type of synthetic biomaterials. In recent times, numerous hydrogel-based networks have been developed and customized to cater to various application requirements. When exposed to an aqueous solution, these hydrogels have the ability to swell. This article presents an analysis of the classification of hydrogels based on several

factors, including their physical and chemical features, technical viability for use, methods of synthesis, and applications. There are several ways available for the preparation of hydrogels. Several of them are examined in this article.

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